



**The Alternative  
Academy Program  
May 2019**

**Monday: Wednesday: Thursday:  
Chicken Patty on a Bun  
Spicy Chicken Patty  
Tuesday: Friday:  
Cheeseburger on a Bun**



In A Hurry?  
Check Out Some Of  
Our Fast Take  
Sandwiches

**Grab & Go Salads & Wraps**

**Week of the 1st: Chicken Caesar Salad & Italian Sub**  
**Week of the 6th: Buffalo Chicken Salad & Turkey Club Wrap**  
**Week of the 13th: Chef Salad & Buffalo Chicken Wrap**  
**Week Of the 20th: Garden Salad w/ Cheese & Tuna Salad Wrap**  
**Week of the 27th: Turkey BLT Salad & Chicken Caesar Wrap**



**PIZZA**

**Cheese or Pepperoni Pizza Available every  
Wednesday and Friday**



**SIDES OFFERED DAILY WITH LUNCH CHOICES**  
Assorted Fresh Fruits and Vegetables, Specialty Made Salads, Assorted Low Fat and Skim Milks

 <small>Scan to download the So Happy app from the App Store.</small>	 <small>So Happy Sober's menu app with nutrition and allergen information!</small>	<p>5/1 Open Face Roast Turkey &amp; Gravy W/ Potato Wedges Steamed Broccoli</p>	<p>5/2 Twin Tacos w/ Spanish Rice Southwest Black Beans Tossed Spinach Salad</p>	<p>5/3 Sweet &amp; Sour Chicken w/ Rice &amp; Chinese Style Vegetables Mandarin Salad</p>
<p>5/6 French Toast Sticks Turkey Sausage Sweet Potatoes, Roasted Squash</p>	<p>5/7 Crispy Chicken Bowl Mashed Potatoes Gravy, Steamed Corn Dinner Roll</p>	<p>5/8 Chef Betty's Baked Ziti, Garlic Stick Steamed Broccoli Tossed Romaine Salad</p>	<p>5/9 Chicken Fajitas Onions &amp; Peppers Spanish Rice Seasoned Beans</p>	<p>5/10 BBQ Pulled Pork or Turkey Sandwich Crispy Potatoes Coleslaw</p>
<p>5/13 Grilled Cheese w/ Tomato Soup Glazed Carrots Tossed Spinach Salad</p>	<p>5/14 <b><u>Triple Dipper Tuesday</u></b> Crispy Chicken Bites, Pretzel Sticks, Crispy Fries, Sweet Steamed Corn</p>	<p>5/15 Spaghetti &amp; Meatballs w/ Dinner Roll Steamed Broccoli Spinach Kale Salad</p>	<p>5/16 Oven Roast Turkey W/ Potato &amp; Gravy, Steamed Peas &amp; Carrots Strawberry Kale salad</p>	<p>5/17 Turkey Corn Dog Steamed Green Beans Cucumber Tomato Salad</p>
<p>5/20 Fluffy Pancakes Turkey Sausage Sweet Potatoes Fries Romaine Salad</p>	<p>5/21 <b><u>Triple Dipper Tuesday:</u></b> Chicken Nuggets, Pretzel Bites, Potato Wedges Sweet Steamed Corn</p>	<p>5/22 Alfredo Mac &amp; Cheese Garlic Bread Stick Steamed Broccoli Italian Three Beans Salad</p>	<p>5/23 Baked Chicken &amp; Waffles BBQ Baked Beans Tossed Romaine Salad</p>	<p>5/24 Memorial Day Weekend! School Closed</p>
<p>5/27 Memorial Day Weekend! School Closed</p>	<p>5/28 <b><u>Triple Dipper Tuesday</u></b> Buffalo Chicken Bites Baked Crispy Fries Pretzel Nuggets Sweet Corn</p>	<p>5/29 Rotini Pasta w/ Italian Meat Sauce &amp; Garlic Bread Stick Sautéed Spinach Roasted Vegetables</p>	<p>5/30 Nachos Supreme Vegetarian Refried Beans Tomato Salsa</p>	<p>5/31 Fish &amp; Chips Basket w/ Coleslaw Steamed Green Beans</p>